

## TESTIMONIALS

“This was one of the greatest experiences I have had in my life. I learned important things: I learned to live together with other people and with myself. I learned to be independent. Thanks Au Pair USA for giving me this opportunity! If someone is thinking about the program...Go ahead! And enjoy the year because it goes really, really fast!”

~Celia C., Au Pair USA participant, Spain

“InterExchange gave us all the information we needed at the right time. If you are still a student and have a chance to participate in this program, just do it! This program gives a good chance to see absolutely another world and another life, to meet a lot of friends, to feel that you are already an adult who is able to earn money and make decisions by yourself!”

~Anastasia T., Work & Travel USA participant, Russia

“The internship that I had in San Francisco during the summer was the greatest thing that’s happened to me. It was a rich experience where I learned the American way of life, both in business and culture. If it weren’t for InterExchange’s swift, professional and accurate assistance, my coming to the USA wouldn’t have been possible.”

~Joel S., Career Training USA participant, Brazil

“I really valued the opportunity to live and work with the people of the community where I stayed in Ghana. I learned a great deal about the culture and traditions, as well as the politics and impact of growing economic development and Westernization.”

~Lisa B., Working Abroad participant,  
Volunteer in Ghana

### NEED MORE INFORMATION?

Contact InterExchange to learn more about our cross-cultural opportunities.

Call [1.212.924.0446](tel:1.212.924.0446)

Email [info@interexchange.org](mailto:info@interexchange.org)

Web [www.InterExchange.org](http://www.InterExchange.org)



# Global Work Opportunities



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# Discover a world of opportunity

Cross-cultural opportunities have been our inspiration for more than 40 years. Founded on a mission of promoting international understanding and cultural awareness, InterExchange connects young people from around the world with life-changing cultural exchange opportunities. In turn, we provide a unique answer for businesses, organizations, summer camps and families in need of staff, interns, volunteers, camp counselors and au pairs. Combining practical solutions with a global purpose, InterExchange is building cultural understanding—one person at a time.



## INTEREXCHANGE PROGRAMS

### WORK & TRAVEL USA

Through this popular government designated J-1 Visa cultural exchange program, InterExchange helps international university students come to the USA during their school holidays to fill short-term, seasonal positions with American employers. Participants come from more than 65 countries to live and work in the USA for up to 4 months. Upon completion of their work commitment, participants can discover more of the US by travelling for up to one additional month. It's a mutually beneficial program that has employers and participants signing up to rejoin the program year after year.

### CAREER TRAINING USA

In an increasingly globalized world, programs that train university graduates and young professionals for the international marketplace are more important than ever. InterExchange's Career Training USA program matches international interns and trainees with US businesses for up to 18 months. International participants in this J-1 Visa program advance their careers through exposure to American business practices and techniques, while employers benefit from the unique talents and insights—including multilingual skills—that international interns bring to their businesses.

### H-2B VISA USA

Each year, many US businesses in remote areas of the country struggle to find local workers for temporary, seasonal positions. InterExchange helps solve this problem by matching American employers with motivated international workforce and navigating the US government's complex H-2B Visa process. By sponsoring qualified short-term international workers on an H-2B Visa, employers can meet their hiring needs, while expanding workplace diversity.

### AU PAIR USA

InterExchange's au pair program has matched thousands of qualified international au pairs with host families over the years. This J-1 Visa program provides a unique experience for au pairs to spend a year or more as part of an American family to provide childcare while taking classes, traveling and making connections that will last a lifetime. Host families enjoy the advantages of the one-on-one cultural exchange and affordable, quality live-in childcare they receive. By using an experienced agency, both host families and au pairs are guided and supported throughout the process.

### CAMP USA

Every year summer camps all over the USA recruit counselors and support staff. This J-1 Visa program matches young people from around the world with camps that need their enthusiasm and experience. Camp directors appreciate working with one agency that can help them find both qualified camp counselors and support staff, while the participants get to enjoy the uniquely American tradition of summer camp. After completing their camp commitment, participants are able to further explore more of US life and culture for up to one additional month.

### WORKING ABROAD

Young adults in the US often dream of living and working abroad. InterExchange can make it happen! With a wide array of work and volunteer opportunities across five continents, InterExchange matches young Americans aged 18+ with programs that align with their interests, talents and budgets. Our experienced staff and international partner offices around the world provide support throughout their journey.

## Get to Know InterExchange

Lots of companies offer exchange programs. What makes InterExchange different? We're glad you asked:

### EXPERIENCE

No one understands cultural exchange better than InterExchange. We have over 40 years of experience in the field and are designated by the US Department of State as a J-1 Visa sponsor. We are also a proud member of standard-setting international associations such as WYSE Work Abroad, the International Au Pair Association and Alliance for Educational and Cultural Exchange. Our expertise promises you peace of mind.

### AFFORDABILITY

As a non-profit organization, we keep costs low. We want to enable as many people as possible to take part in a quality cross-cultural experience. At InterExchange, our primary goal is to promote cultural exchange.

### SERVICE

At InterExchange, we're devoted to delivering the highest standard of service. Each participant in our programs—whether a business, host family or an individual—has very unique needs. We take the time to get to know you and understand how we can serve you best. As part of the InterExchange family, our participants enjoy personal attention and ongoing support.

### INTEREXCHANGE FOUNDATION

The InterExchange Foundation was established in 2006 to encourage young Americans to foster inter-cultural understanding by living and working abroad. Each year, the Foundation awards a variety of Working Abroad and Christianson Grants to Americans who wish to work, teach, au pair or volunteer abroad.