

DS-2019 Form & Sponsorship

The DS-2019 Form identifies InterExchange as your program sponsor. It describes the purpose of the program and states the time period that you are allowed to work. Your DS-2019 Form is proof of sponsorship for a J-1 Visa. You are allowed to work ONLY with a valid DS-2019 Form and only through the dates listed in Section #3 on your DS-2019. Your J-1 Visa is only valid with the DS-2019 Form.

Your SEVIS ID is on the upper right-hand corner of the form, which starts with the letter (N) followed by 11 numbers (E.g., N12345435333).

Following the completion of your program, (the **period** defined on the Form DS-2019), the United States Citizenship and Immigration Services (USCIS) allows you a **30-day travel period**, commonly referred to as the **Grace Period**. Please consult with the U.S. Consulate in your home country and your university to see if there is a specific date by which you should return home. Ensure that you comply with that date.program ends.

The dates on your J-1 Visa may be different from the dates on your DS-2019 Form, and the expiration date on your J-1 Visa may be later than the expiration date on your DS-2019 Form.

If the last date on your J-1 Visa is before the expiration date on your DS-2019 Form, don't worry. You do not have to leave the country before your InterExchange

